

Job Title: Pilates & Fitness Instructor & Day to day Coordinator

Location: The Wellness Village, Campile

Employment Type: Part-Time (20 hrs/week), with potential for Full-Time

Start Date: Autumn 2025

Reports To: Studio Founder / Lead Instructor

About The Wellness Village

Welcome to **The Wellness Village** — a new venture built on a deep passion for health, movement, and community. We're creating a space where people of all ages, abilities, and backgrounds feel truly welcome — a place to move, feel good, connect with others, and build a long, healthy, and vibrant life.

From Reformer Pilates and outdoor HYROX training to nature-inspired strength and functional movement classes, we are a **destination for holistic wellbeing**. Our approach is grounded in our three pillars: **strength, flexibility, and heart health**. With an indoor & outdoor gym, running track, spa facilities, and wellness retreats, The Wellness Village is more than a fitness studio — it's a lifestyle.

We officially open our doors to the wider public this **Autumn**, with a brand-new website, app, and launch event which you will be a part of.

Position Overview

We are seeking a **passionate, driven, and organized Fitness Instructor & Operations Manager** to join our growing wellness community. This hybrid role blends dynamic class instruction with leadership and day-to-day operational management. You'll teach and deliver engaging Reformer Pilates, HYROX, Strength & Conditioning, and functional training classes, yoga (would be a bonus), while also ensuring the studio and outdoor facilities run smoothly and deliver an exceptional client experience.

You'll be a hands-on presence — coaching, managing, building relationships, and helping shape a movement that supports people's physical and mental wellbeing.

This is a job led by a genuine passion for fitness and well-being. Full coaching and training will be provided, however a background in health and fitness is highly desired to demonstrate your passion for health and fitness.

Key Responsibilities

Class Instruction

- Lead high-quality Reformer and Mat Pilates sessions that are safe, empowering, and inclusive.
- Deliver classes in HYROX, Strength & Conditioning, mobility, and functional training (indoor & outdoor).
- Confidently offer corrections, modifications, and hands-on guidance for varying client needs.
- Plan and propose new workshops and events aligned with our brand values and client interests.
- Stay current with training trends, education, and best practices in fitness and wellness.

Studio & Facilities Management

- Oversee daily operations: scheduling, class planning, booking system, and facility maintenance.
- Ensure all equipment and spaces (indoor and outdoor) are clean, safe, and welcoming.
- Monitor client communications, follow-ups, and support client retention strategies.
- Assist the studio lead in converting leads to members and creating a memorable experience.
- Contribute to and support marketing efforts, including social media and content creation.
- Organize or support community events, wellness retreats, and opening launches.

What We're Looking For

- Certified Mat Pilates Instructor and/or Reformer certification preferred but not essential (training provided)
- 1–2 years of fitness teaching experience, PT background, or relevant sports coaching
- A genuine passion for wellness and helping people feel good through movement
- Experience in customer service with excellent interpersonal communication skills
- Strong organizational skills and an ability to multitask in a fast-paced environment
- Familiarity with booking systems and digital communication (email, social, app-based tools)
- Active involvement in a sporting or fitness community (e.g., GAA, athletics, CrossFit, etc.)
- Knowledge of yoga, meditation, or breathwork is a bonus

Working Hours

- **20 hours per week**, split between instruction and operations
- Flexibility required: early mornings, evenings, and weekends
- Opportunity to grow into a **full-time** leadership position as the studio expands

What We Offer

- Competitive hourly pay
- Access to studio classes and all wellness facilities
- In-depth training in Reformer Pilates — we'll help you become one of Ireland's top instructors
- A supportive, passionate team and a fun, friendly workplace culture
- Career progression in a growing wellness business with big vision
- The chance to be part of a movement that makes a genuine difference in people's lives

How to Apply

Please send your **CV**, a short cover letter, and any relevant certifications to bells@fitnessbells.com